Let’s Talk Plants!
Newsletter of the San Diego Horticultural Society
September 2011, Number 204

Backyard Orchards

DIGITAL NEWSLETTER IS FREE
PAGE 5

NEW LANDSCAPE ARCHITECTURE FILM
PAGE 7

FALL GARDEN TOUR
PAGE 8

HAPPY 17TH BIRTHDAY SDHS
PAGE 9

On the Cover: Fruit tree and friend
Celebrate Her 1st Day of School!

with the gift of a super-premium fruit, flowering or shade tree - carefully delivered and expertly planted

www.thewishingtreecompany.com  760.753.1760

SDHS SPONSOR

Begonia Show & Sale

The San Diego County branches of the American Begonia Society will hold a
Plant Show & Sale on Saturday & Sunday
October 1 and 2 from 10 a.m. to 4 p.m.

The show will be in Room 101 of Casa del Prado in Balboa Park. Spectacular foliage and blossoms of the Begonias will be on display. There will be many beautiful begonia plants for sale. Begonia experts will be available to answer questions.

For more information call
Marla Keith at (760) 753-3977 or e-mail marla.keith@cox.net

GREEN THUMB
SUPER GARDEN CENTERS
1019 W. San Marcos Blvd. • 760-744-3822
(Off the 78 Frwy. near Via Vera Cruz)
• CALIFORNIA NURSERY PROFESSIONALS ON STAFF
• HOME OF THE NURSERY EXPERTS • GROWER DIRECT
www.supergarden.com
Fall Savings!

WITH THIS VALUABLE Coupon

$5.00 OFF
Any Purchase of $30.00 or More!

OR

$10.00 OFF
Any Purchase of $50.00 or More!

• Coupon not valid with any sale items or with other offers or coupons
• Must present printed coupon to cashier at time of purchase
• Offer does not include sod • Limit 1 coupon per household
• Coupon expires 9/30/2011 at 6 p.m.

SDHS SPONSOR

Celebrate Her 1st Day of School!

with the gift of a super-premium fruit, flowering or shade tree - carefully delivered and expertly planted

www.thewishingtreecompany.com  760.753.1760

SDHS SPONSOR

Begonia Show & Sale

The San Diego County branches of the American Begonia Society will hold a
Plant Show & Sale on Saturday & Sunday
October 1 and 2 from 10 a.m. to 4 p.m.

The show will be in Room 101 of Casa del Prado in Balboa Park. Spectacular foliage and blossoms of the Begonias will be on display. There will be many beautiful begonia plants for sale. Begonia experts will be available to answer questions.

For more information call
Marla Keith at (760) 753-3977 or e-mail marla.keith@cox.net

GREEN THUMB
SUPER GARDEN CENTERS
1019 W. San Marcos Blvd. • 760-744-3822
(Off the 78 Frwy. near Via Vera Cruz)
• CALIFORNIA NURSERY PROFESSIONALS ON STAFF
• HOME OF THE NURSERY EXPERTS • GROWER DIRECT
www.supergarden.com
Fall Savings!

WITH THIS VALUABLE Coupon

$5.00 OFF
Any Purchase of $30.00 or More!

OR

$10.00 OFF
Any Purchase of $50.00 or More!

• Coupon not valid with any sale items or with other offers or coupons
• Must present printed coupon to cashier at time of purchase
• Offer does not include sod • Limit 1 coupon per household
• Coupon expires 9/30/2011 at 6 p.m.

Celebrate Her 1st Day of School!

with the gift of a super-premium fruit, flowering or shade tree - carefully delivered and expertly planted

www.thewishingtreecompany.com  760.753.1760

SDHS SPONSOR

Begonia Show & Sale

The San Diego County branches of the American Begonia Society will hold a
Plant Show & Sale on Saturday & Sunday
October 1 and 2 from 10 a.m. to 4 p.m.

The show will be in Room 101 of Casa del Prado in Balboa Park. Spectacular foliage and blossoms of the Begonias will be on display. There will be many beautiful begonia plants for sale. Begonia experts will be available to answer questions.

For more information call
Marla Keith at (760) 753-3977 or e-mail marla.keith@cox.net

GREEN THUMB
SUPER GARDEN CENTERS
1019 W. San Marcos Blvd. • 760-744-3822
(Off the 78 Frwy. near Via Vera Cruz)
• CALIFORNIA NURSERY PROFESSIONALS ON STAFF
• HOME OF THE NURSERY EXPERTS • GROWER DIRECT
www.supergarden.com
Fall Savings!

WITH THIS VALUABLE Coupon

$5.00 OFF
Any Purchase of $30.00 or More!

OR

$10.00 OFF
Any Purchase of $50.00 or More!

• Coupon not valid with any sale items or with other offers or coupons
• Must present printed coupon to cashier at time of purchase
• Offer does not include sod • Limit 1 coupon per household
• Coupon expires 9/30/2011 at 6 p.m.

Celebrate Her 1st Day of School!

with the gift of a super-premium fruit, flowering or shade tree - carefully delivered and expertly planted

www.thewishingtreecompany.com  760.753.1760

SDHS SPONSOR

Begonia Show & Sale

The San Diego County branches of the American Begonia Society will hold a
Plant Show & Sale on Saturday & Sunday
October 1 and 2 from 10 a.m. to 4 p.m.

The show will be in Room 101 of Casa del Prado in Balboa Park. Spectacular foliage and blossoms of the Begonias will be on display. There will be many beautiful begonia plants for sale. Begonia experts will be available to answer questions.

For more information call
Marla Keith at (760) 753-3977 or e-mail marla.keith@cox.net

GREEN THUMB
SUPER GARDEN CENTERS
1019 W. San Marcos Blvd. • 760-744-3822
(Off the 78 Frwy. near Via Vera Cruz)
• CALIFORNIA NURSERY PROFESSIONALS ON STAFF
• HOME OF THE NURSERY EXPERTS • GROWER DIRECT
www.supergarden.com
Fall Savings!

WITH THIS VALUABLE Coupon

$5.00 OFF
Any Purchase of $30.00 or More!

OR

$10.00 OFF
Any Purchase of $50.00 or More!

• Coupon not valid with any sale items or with other offers or coupons
• Must present printed coupon to cashier at time of purchase
• Offer does not include sod • Limit 1 coupon per household
• Coupon expires 9/30/2011 at 6 p.m.
In This Issue...

2 Important Member Information
3 Please Share Your Garden
3 Fall Home/Garden Show Just In Time For Fall Gardening
3 From the Board
4 The Real Dirt On...Ellen Biddle Shipman
4 Going Wild With The Natives: California Fuchsia
5 Trees, Please
5 Digital Newsletter is FREE
6 Book Review
6 Community Outreach
7 Masters of the Obvious Create the Sublime
7 My Life With Plants
8 Butterfly Metamorphosis In Olivenhain
8 Master Gardeners Fall Garden Tour
9 Happy 17th Birthday to Us!
10 Welcome New Members!
10 Discounts for Members
10 What's Up At San Diego Botanic Garden?
13 Two Worthwhile Workshops
14 Sharing Secrets
16 August Plant Display
19 August Meeting Report

The San Diego Horticultural Society

MEETINGS
The San Diego Horticultural Society meets the 2nd Monday of every month (except June) from 6:00pm to 9:00pm at the Surfside Race Place, Del Mar Fairgrounds, 2260 Jimmy Durante Blvd. Meetings are open and all are welcome to attend. We encourage you to join the organization to enjoy free admission to regular monthly meetings, receive the monthly newsletter and numerous other benefits. We are a 501(c)(3) non-profit organization.

MEETING SCHEDULE
5:00 – 6:00 Meeting room setup
6:00 – 6:45 Vendor sales, opportunity drawing ticket sales, lending library
6:45 – 8:30 Announcements, Hot Hort Pick s, speaker; opportunity drawing
8:30 – 9:00 Plant display; vendor sales, lending library

MEMBERSHIP INFORMATION
To join, send your check to: San Diego Horticultural Society, Attn: Membership, P.O. Box 231869, Encinitas, CA 92023-1869. Individual/one year--$30, two years--$50, five years--$120; Family/one year--$35, two years--$60, five years--$140; Group or Business/one year--$50; Students/$16 (w/proof of enrollment); Contributing/$90 or more; Life/$700. For membership questions contact membership@sdhortsoc.org or or Jim Bishop at (619) 293-0166.

FUTURE MEETINGS & EVENTS 2011
September 16-18 Fall Home/Garden Show, Del Mar Fairgrounds (see page 3)
September 25 Volunteer Appreciation Party (see page 2)
October 2 New Member Orientation
October 2 Coffee in the Garden, Elfin Forest
October 10 Amy Stewart on The Louse that Conquered Napoleon's Army and Other Insect Monstrosities
October 15 & 16 Succulent Container Planting talk & workshop with Debra Lee Baldwin (see page 21)
November 5 Pomegranate & Persimmon Picking, Valley Center
November 14 Jon Rebman on SD Plant Atlas Project, and Horticulturist of the Year Award Presentation

COVER IMAGE: September speaker Tom Spellman, shown on the cover, will tell us how to create successful orchards in our own gardens.

Next Meeting: September 12, 2011, 6:00 – 9:00 PM
Topic: TOM SPELLMAN on “BACKYARD ORCHARD CULTURE”

Meeting is open and everyone is welcome. Admission: Members/free, Non-Members/$10. Parking is free.
Meeting Place: Del Mar Fairgrounds, Surfside Race Place, Del Mar; Info: (760) 295-7089

Our September speaker is Tom Spellman, Southwestern States Sales Manager for the Dave Wilson Nursery, the largest growers of deciduous fruit, nut and shade trees in California. Tom will discuss how the objective of "backyard orchard culture" is the prolonged harvest of tree-ripe fruit from a small space. He will show how many different varieties of fruit trees with different ripening times can be planted close together for smaller, but year-round harvests. He will discuss how trees can be size-controlled by summer pruning, so that they can be cared for and their fruit harvested without the use of a ladder. Tom will also discuss planting and training techniques, including the selection of compatible varieties, espaliering fruit trees, hedgerow growing, and other space-saving strategies.

Tom has more than 30 years experience in the nursery industry, the first twenty years of which were spent with Laverne Nursery specializing in the production and sale of avocados, citrus, sub-tropical and deciduous fruit trees, including landscape and orchard site consultation. Tom’s professional memberships and affiliations include: International Plant Propagators Society, California Rare Fruit Growers and past board member of California Citrus Nurseryman’s Society. Tom is also a past board member; treasurer and current member of the Nursery Growers’ Association, as well as a California certified nurseryman and president of the Citrus Label Society. #
**Important Member Information**

**Volunteer Appreciation Party**

By Paula Verstraete

The annual Volunteer Appreciation Party for 2011 will be held on Sunday, Sept. 25 at a fabulous garden in Encinitas. Invitations went out mid-August to all of our hard working volunteers who helped in so many ways from August 2010 to August 2011. If you volunteered and don’t get an invitation by August 31st, please let me know immediately at pverstraete@cp-sandiego.com. Can’t wait to see everyone at the party!!

**Volunteers Needed**

1. **Fall Home/Garden Show**

Outgoing volunteers are needed for the Fall Home/Garden Show at Del Mar Fairgrounds on Sept. 16-18. Two shifts are available each day, approx. 3.5 hrs each shift. You’ll be selling membership and tree books, signing up new members... in general talking to the public about the SDHS. Contact Paula Verstraete at pverstraete@cp-sandiego.com or call 619-819-7171 (office). Thank you for volunteering.

2. **Events & Outreach Committee**

Share your passion for plants! We are seeking a committee chair and also volunteers to help plan and participate in exciting events. This committee organizes and installs our info table for the Spring and Fall Home/Garden Shows. They also help with our display for the San Diego County Fair, workshops and special events. For more info and to volunteer please contact Susi Torre-Bueno at (760) 295-7089.

**Thanks So Much!**

Thanks to Heather and Maury Callaghan for hosting our July Coffee-in-the-Garden at their delightful garden (designed by Scott Spencer) in Olivenhain. Photos of this garden are on page 21. Our FREE monthly Coffee events are a fun and relaxing way to meet up with other SDHS members in a beautiful garden. Registration info is in your monthly member e-mail, which has details about upcoming meetings and other events. Some of the coffees are completely filled up in a few hours, so check the e-mail as soon as you can and reserve a space right away!!

---

**BECOME A SPONSOR!**

Do you own a garden-related business? SDHS sponsorships have high recognition and valuable benefits, including a link to your website, discounts on memberships for your employees, and free admission to SDHS events. This is a wonderful way to show your support for the SDHS. Sponsors help pay for our monthly meetings, annual college scholarships, and other important programs. Sponsorships start at just $100/year; contact Jim Bishop at sponsor@sdhortsoc.org. Sponsors are listed on page 8 and those with ads in the newsletter have the words “SDHS Sponsor” above their ads. We thank them for their extra support!
Please Share Your Garden

Do you have a great garden that you would like to share with other SDHS members? If so, we are looking for gardens to host our popular monthly Coffee-in-the-Garden in 2012. We know our members have the best gardens in San Diego and we want to see them all. If you have a garden that can accommodate 50 or more guests on a Saturday or Sunday we’d love to learn more about your garden. To find out about hosting a Coffee-in-the-Garden contact Jennifer Axelrod at: axelrods@cox.net or (760) 632-8273.

From The Board

By Susi Torre-Bueno

It’s our Birthday!

SDHS was founded in September 1994, and so much has happened since then. Turn to page 9 to read about our 17th birthday and how much we’ve accomplished this past year. Thanks to everyone who made another great year possible!

Changes on the Board

Board elections are in late September, and we’d like to applaud three members who are leaving – we appreciate you so much! Neal King was a 1-year Member at Large, and volunteered at a number of events; he’ll continue to edit our monthly calendar. Carol Costarakis, our other Member at Large, organized our upcoming workshop with Debra Lee Baldwin (see page 21), and contributed in many other ways. Paula Verstraete was our Volunteer Coordinator for three years, and did an outstanding job of organizing volunteers for many events and orchestrating our terrific annual Volunteer Appreciation Party.

As your president since May 2002 I’ve had heaps of fun, and while I’m stepping down this month I will remain on the board. I’m tremendously proud to have played a part in what SDHS has accomplished these last nine years, during which our membership has grown by almost 50%. We published the second edition of our tree book, hosted great garden tours, held exciting workshops, produced a beautiful website, and instituted new member orientations and coffee in the garden events. We became a sponsor of the Pacific Horticulture Society and helped with their 2007 symposium in San Diego. Most importantly, we shared our love of gardening with each other and with the general public.

I’ve been fortunate to have made many dear friends through SDHS, and to have seen dozens of fascinating gardens. It’s a thrill to be part of such a dynamic organization, and I’ve learned so much. I will continue as the newsletter editor and look forward to being involved for many more years in the best garden group I’ve ever been part of. I also plan to spend a little more time playing in my garden.

Thanks to all our members for the important roles you play in making SDHS so very special, and for your personal support of my efforts.

Jim Bishop takes over as President in September, so we’ll be in really capable hands. He’s been an enthusiastic member since our first meeting, and as our Membership Chair, Jim organizes the coffees and the orientations. He was indispensable in designing our Fair garden this year, and I know you’ll give him the same wholehearted support you have given me. Read “My Life With Plants” on page 7 to learn more about Jim.

Fall Home/Garden Show

Just In Time For Fall Gardening

By Lucy Warren

The Fall Home/Garden Show at the Del Mar Fairgrounds is coming right up on September 16, 17, and 18. This is your perfect opportunity to select plants for our most important planting season from local growers. The Garden Marketplace includes vendors selling hundreds of varieties of plants from local growers.

The San Diego Horticultural Society will have an expanded presence, with examples of some of the many plants that thrive in our wonderful climate. This is a great time to volunteer and have fun sharing your passion with other plant enthusiasts (see page 2).

There will be garden lectures each afternoon. Bring your questions to the Master Gardeners and learn from the experts about other gardening groups you may want to join.

The show runs Friday, Sept. 16, 11am-6pm; Saturday, Sept. 17 10am-6pm; and Sunday, Sept. 18, 10am-5pm. Admission: $8; children under 12 are free. Seniors: only $1 on Friday. After 3 pm daily, all tickets are $6. Discount tickets on the website are $6.

Members of San Diego Horticultural Society can buy tickets for only $4 on the website by typing in the code SDHS.

For more information and updates on show features, and to buy tickets on-line, visit: www.sandiegohomegardenshow.com or our Facebook page: San Diego Home/Garden Shows.

Succulent Container Planting Talk & Workshop with Debra Lee Baldwin

See page 21 for details

Fall Home/Garden Show

Just In Time For Fall Gardening

By Lucy Warren

The Fall Home/Garden Show at the Del Mar Fairgrounds is coming right up on September 16, 17, and 18. This is your perfect opportunity to select plants for our most important planting season from local growers. The Garden Marketplace includes vendors selling hundreds of varieties of plants from local growers.

The San Diego Horticultural Society will have an expanded presence, with examples of some of the many plants that thrive in our wonderful climate. This is a great time to volunteer and have fun sharing your passion with other plant enthusiasts (see page 2).

There will be garden lectures each afternoon. Bring your questions to the Master Gardeners and learn from the experts about other gardening groups you may want to join.

The show runs Friday, Sept. 16, 11am-6pm; Saturday, Sept. 17 10am-6pm; and Sunday, Sept. 18, 10am-5pm. Admission: $8; children under 12 are free. Seniors: only $1 on Friday. After 3 pm daily, all tickets are $6. Discount tickets on the website are $6.

Members of San Diego Horticultural Society can buy tickets for only $4 on the website by typing in the code SDHS.

For more information and updates on show features, and to buy tickets on-line, visit: www.sandiegohomegardenshow.com or our Facebook page: San Diego Home/Garden Shows.
Ellen Biddle Shipman (1869-1950) was one of the first American women landscape architects in a field that had been previously dominated by men. Because of her practical gardening experience, exceptional knowledge of plant materials, and artistic sense of design, she excelled in the landscape design field in the early part of the 20th century.

Born in Philadelphia, she spent her childhood in the Texas and Arizona territory, where her father was a career Army officer. When the family’s safety was threatened by a local Indian tribe’s uprising, the children were sent to their maternal grandparents’ farm in New Jersey. There, Ellen became exposed to the natural beauty of the farm with its apple orchards, white picket fences, and old-fashioned flower varieties.

Ellen attended the Harvard annex (the future Radcliffe College) where she met Louis Shipman, an aspiring playwright. They left school after a year to marry, and moved to an artists’ colony in Cornish, New Hampshire in 1894. While living there, Ellen became exposed to landscapes that rejected the tight Victorian bedding schemes popular at the time. Despite lacking formal training, the artists at the colony were able to create lush surroundings by keeping to the simple geometrical shapes of the colonial garden. Ellen incorporated these concepts in her own garden in New Hampshire.

In 1910, after unsuccessfully dealing with marital and financial problems, Ellen and Louis divorced, leaving Ellen with three children and no means of support. Charles Platt, a landscape painter who later became an architect, admired what Ellen had done with the landscaping of her home. He recognized that she had design talent and an excellent knowledge of plants. Since he did not know much about horticulture, Platt asked Ellen to design the flower gardens for the homes that he built. He had an assistant train Ellen in professional drafting, and Ellen adopted the principles that had led to Platt’s success, including axial layouts, carefully proportioned relationships between house and garden architecture, and strong visual and physical connections between a house and its gardens.

Between 1912 and 1919, Ellen worked with Platt in landscaping his clients’ homes. In 1920, she moved to New York City and opened her own office. During the almost forty years that she practiced landscape architecture, Ellen would only hire graduates from the Lowthorpe House and Garden Architecture, and strong visual and physical connections between a house and its gardens.

Throughout her career, Ellen stressed the importance of privacy and enclosure in her gardens. She generally enclosed her gardens with trees and stone walls. Her intent was to create secluded areas for retreat from the oftentimes chaotic lives of her clients. She found that her female clientele wanted a private area of quiet domestic introspection. She also found that borders impacted them emotionally. The floral and shrub borders allowed for intimate interaction with the garden because they required the domestically based activities of planning, planting, cultivating, and arranging flowers. They also provided a simple and effective means of growing many different kinds of flowers without the need for a large space. They also provided the garden because they required the domestically based activities of plants and their cultivation.

Continued on page 12

**California Fuchsia**

Summertime – and the living is easy.

But maybe not; for example, you, a hummingbird on the lookout for a nectar source, are getting hungry and/or thirsty. Where are those fabulous flowers of glass and plastic that held copious amounts of nectar? The giant two-legged creatures that used to keep them filled are not in sight (the whole family went on vacation). What to do?

Time to buzz off and visit the flower bed.

But what’s this you see? Listless leaves, sagging stems, flower deadheads. Checking out the veggie garden, you see tomatoes ripening at breakneck speed (triggered by the family leaving on an extended trip), billions of zucchini squash, uncountable eggplants. Not much good to a hungry hummer.

Next stop: the neighbors’ yard – you know, those thoughtful nature nuts whose garden was filled to the brim with wildflowers and all kinds of nectar-filled perennials this past spring.

Where are those flowers now? Uh-oh, it looks like the spring flowers are on vacation, too, at least until next year. What next?

Well, not to worry – the nature nuts have taken care of the problem. There’s a new kid in town (actually in their garden) that can fill the bill (the hummer’s bill) with sweet nectar. It’s California fuchsia, also known as hummingbird trumpet.

There’s a lot to toot about when it comes to this popular evergreen subshrub. It flowers when most other natives are done blooming, thereby quenching hummingbird parchedness. Its tubular flowers are usually a zingy orange-red (although there are a few nonconformist types with pale pink or white flowers), and hold lots of nectar. It can grow in full sun but welcomes a bit of shade inland. California fuchsia laughs – laughs! – at hot dry weather. I have one that has aesthetically draped itself against a huge boulder in back of my house. It is doing well despite excessive heat and country-western music (I live in East County). And the plant doesn’t ever need fertilizer.

Size wise, California fuchsias tend to be wider than they are tall. A variety called ‘Catalina’ can get to be 4+ feet. Lower-growing types include ‘Everett’s Choice’, ‘Wayne’s Silver’ and ‘Ghostly Red’. There are many others. Short or tall, hummers seem to love them all.

Of course, nobody is perfect. Generally, you wouldn’t buy California fuchsias for their leaves. Certain types, if given the chance,

Continued on page 12
Trees, Please

**Tree Lacing 101**
By Tim Clancy

**jargon** [jahr-guhn, -gon]  noun
1. the language, especially the vocabulary, peculiar to a particular trade, profession, or group: **medical jargon**.[http://dictionary.reference.com/browse/jargon]

The tree care industry relies on jargon to communicate for various reasons. For example, there is the drop cut, the second cut in the process of a 3-cut branch removal process or reduction, which indicates that the canopy size will be reduced in some manner. Both of the previous terms are familiar to arborists and tree workers around the country. Each has a specific meaning and can be quantified.

In San Diego you quite often hear the term “lace” or “lacing” applied to tree pruning. This is what is known as pseudo-jargon. In reality “lacing” is a marketing term. There is no standard “lacing” pruning cut. It can’t be found in the literature about tree pruning.

I’ve even heard some of San Diego’s finest tree care people use the term from time to time, a fine example of the insidious nature of the word. The five big terms relative to tree pruning are **clean, thin, raise, reduce and restoration pruning**. Each of these terms is defined in the tree pruning standards published by the American National Standards Institute as ANSI A300.

You will not find any reference to “lacing” in the ANSI A300 document. So what do people mean when they say lacing? As far as I can tell it is the severe over-pruning of a tree to reveal the remaining branch structure.

The beauty of using a term like lacing is that it allows each individual to visualize the end result in his or her head. Like a radio commercial saying that the flashy new car is red. Each of us imagines our perfect red.

So what exactly is wrong with “lacing”? Besides the fact that it’s not an industry standard, this “type” (I am hesitant to call it a type of pruning lest I continue to help legitimize the term) of pruning leads to over-pruning. This over-pruning can lead directly to the early demise of the tree. Because many of the interior branches are stripped out during the pruning process, branch taper is compromised. These interior branches also assist in wind damping. When they are removed the tree responds to a heavy loading wind event with branch failure. The removal of so much foliage also has a detrimental effect on the root system. Some of the roots will die because the leaves necessary for photosynthesis have been removed. I like to remind people that trees don’t make “extra” leaves but only what’s necessary to support their systems. So, when you remove a large amount of foliage from the top, something has to go from the bottom. The canopy and roots aren’t ever really in balance but more like a seesaw in constant motion (when not dormant).

Let’s work together to remove this term from the arboriculture industry in San Diego.

Check out flickr.com/treemanagers for tree lacing photos.

**Book Recommendation:** American Chestnut: The Life, Death, and Rebirth of a Perfect Tree, by Susan Freinkel. A great read about one of America’s greatest trees. You can borrow a copy form The San Diego County library.

Member Tim Clancy is an International Society of Arboriculture Certified Arborist (#WE-0806A). Tim welcomes comments and questions and can be reached at treemanagers@gmail.com.

---

**Digital Newsletter For Free • Printed Newsletter SurchARGE**

We greatly encourage members to get the newsletter exclusively on-line. Each printed copy of the newsletter costs over $2.50 to print and mail, and this year we’ll spend about $33,000 in newsletter costs, our biggest expense. Switching to reading the newsletter on-line saves money, trees and energy.

The digital newsletter features all color photos, live links, the ability to enlarge it for easy viewing, the option to print out only the pages you want to keep, and significantly reduced environmental impact. Back issues are available on our website for instant access. We see this as the inevitable future of publishing for budget-conscious and ecologically considerate groups like ours, and we hope you agree.

Starting with renewals in October 2011, members who choose to receive the printed newsletter will pay an annual surcharge of $12 (in addition to their yearly dues) to help offset the printing and mailing expenses. You can continue to get the printed newsletter for FREE for five years IF you extend your membership for 5 years BEFORE October 1st.

When you renew for 5 years you only pay for 4 years—the 5th year is FREE! Individual memberships are $30/year or $120/5 years; family memberships are $35/year or $140/5 years. Save more money by using the $5 value Hort Bucks you receive when you get a new member to join.

We are confident that the newsletter will continue to be a major benefit of your membership, bringing you news about our activities and practical, reliable and appealing articles about gardening in San Diego. If you have any questions, please contact Susi Torre-Bueno at (760) 295-7089.

---

Let’s Talk Plants! September 2011, No. 204
Book Review

BACKYARD GIANTS

By Susan Warren
Reviewed by Caroline McCullagh

I bought Backyard Giants, subtitled The Passionate, Heartbreaking, and Glorious Quest to Grow the Biggest Pumpkin Ever, thinking it was a gardening book, but as I started reading I decided it was more a sports book than a garden book. No Olympic athlete ever thought more about or worked harder for their sport than the people who grow giant pumpkins for competition.

Most of those people are men, but there is a smattering of wives who participate. Most of the wives, however, just roll their eyes and go into the other room when the talk turns to pumpkins. This book follows the competitive career of father and son team Dick and Ron Wallace as they plan and then execute their strategy for growing the winning pumpkin of the 2006 season.

Never heard of competitive pumpkin growing? Neither had I until recently. And it turns out that there’s also competition for the largest watermelon (the record as of 2006: 269 pounds), cabbage (124 pounds), tomato (24 pounds), and the longest carrot – almost 17 feet! But pumpkins are at the top of the heap, figuratively and literally. In 2006, the growers all over the United States were trying to achieve a new record – 1,500-pounds, and beyond that, they were dreaming about a one-ton pumpkin.

Now, I know you’re thinking a packet of seeds, a little bit of space, a little bit of water. Nope. We’re talking just a few seeds, maybe as many as ten if you’re a really ambitious grower. And not just any seeds. The seeds of individual named pumpkins (not species, pumpkins) are traded and even sold for hundreds of dollars. But, in spite of all the competition – and believe me, it’s serious – when they’re sold, it’s in the name of a club, not the individual who donated them, and the clubs help new members get started.

Before you can think about seeds, though, you have to think about your soil. These competitors spend years getting their soil just right. Luckily for us, the Wallaces were working up a new area in 2006, so we get to learn about pumpkin growing from the ground up.

Once you have your seed and your soil, you plant, and then the real worrying starts. It’s amazing how many things can break your heart: weather, viruses, insects, animals the list seems endless. And they can break your heart right up to the moment you harvest. One of the included photos is of a smiling Dick Wallace next to the shattered remains of his 2005 pumpkin. When he and his friends tried to lift it to the weighing, they found it had started rotting on the bottom.

I bought Backyard Giants, but as I started reading I decided it was more a sports book than a garden book. No Olympic athlete ever thought more about or worked harder for their sport than the people who grow giant pumpkins for competition.

This book may break your heart.

While it’s easy to be taken in by the passion of competitors for growing the biggest pumpkin, the book also highlights the passion of gardeners who grow pumpkins for fun rather than for competition. It includes eight pages of color photos that are almost worth the price of the book by themselves.

[NOTE: go to www.biggumpkins.com to see the current champion - 1810.5 pounds!]

Community Outreach

GIVE BEES A CHANCE

By Linda Johnson

Lately there has been a lot of buzz about the plight of honeybees and the global impact of their decline. Learn to “do no harm” to these critical pollinators, by utilizing the resources below.

San Diego Beekeeping Society

The San Diego Beekeeping Society welcomes both amateur and professional beekeepers. Serving as a local resource for beekeepers, the focus is on promoting best beekeeping practices and encouraging better bee stewardship. Education, networking, lively discussions and more are part of their monthly meetings. A recent meeting included a demonstration of honey-extraction, with members sharing equipment and expert tips. Interactions with gardening, agricultural and other beekeeping organizations further promote the group’s goals. Beekeepers work together to achieve bee-friendly legislation and laws (to sign a local petition see www.beefriendlysandiego.com). For more information and a calendar of events visit www.sandiegobeekeengsociety.com. The website has links to services for removing/saving hives, to find beekeeping supplies, and to join beekeeping communities.

Attract Bees to Your Garden

So, how to attract more bees to your garden? Rely on the basics: food, water, shelter and protection from pesticides. For food, grow plants that have colored petals, strong scents, and lots of nectar and pollen. For water, bees prefer a small, shallow water feature that trickles with a gentle flow. Since 70% of native bees are ground nesters, they just need about one square foot of bare, sun-soaked earth. Avoiding pesticides is easy if your garden provides a rich variety of native plants which attract beneficial insects that devour aphids, white flies, and mealy bugs.

Help Count the Bees

Over the past few years scientific studies suggested that both honeybee and native bee populations were in trouble worldwide. What was missing was how the wild bees were doing and how that impacted pollination of garden plants, crops and wild plants. In 2008, a project was started to gather information about urban, suburban and rural bee populations and to empower people to learn about their local bees. People all over the world volunteered to observe their bees and measure bee activity on Lemon Queen sunflowers. The project now includes bee balm, cosmos, rosemary, tickseed, goldenrod and purple coneflower. To join this project visit www.greatsunflower.org.

Help Save the Bees

Nicotine-based pesticides which are used to coat plant seeds become a permanent insecticide inside the plant. After ingesting dew on plants that have absorbed these pesticides, disoriented bees can’t find their way back to the apiary. Massive numbers of bees get lost and die. With pollination responsible for one-third of our food supply, the reduction of the bee population prompted the Pollinator Protection Campaign by the Sierra Club. Join the campaign along with the American Beekeeping Federation and the American Honey Producers Association at http://connect.sierraclub.org/project/Pollinator_Protection_Campaign.
Masters of the Obvious Create the Sublime

New Landscape Architecture Film Debuts October 29 in San Diego

Landscape frames our days: trees or flowers, sidewalks and walls, city parks or private gardens. But who envisions this framework? Women in the Dirt is a new feature-length documentary about seven groundbreaking landscape architects and reveals how these self-described “masters of the obvious” create the sublime.

The film debuts in San Diego on Saturday, October 29, at the San Diego Natural History Museum. The event begins at 6:30 pm with a reception. A discussion with director Carolann Stoney and special guests follows the screening. Tickets are available now, with discounts for early-bird purchase (until Aug. 31) and members of partner organizations (including SDHS). Ticket prices range from $15 to $30. They may be purchased at: http://a3.acteva.com/orderbooking/bookEvent/A311015.

This premiere is presented with the help of the San Diego Botanic Garden, San Diego Floral Association, San Diego Horticultural Society, San Diego Chapter of the Association of Professional Landscape Designers (APLD), and Women’s Museum of California.

Women in the Dirt focuses on seven women: Cheryl Barton, Andrea Cochran, Isabelle Greene, Mia Lehrer, Lauren Melendrez, Pamela Palmer, and Katherine Spitz. Their projects highlight their architectural and landscape principles while passionately advocating sustainability, safety and beauty. The film recognizes their contributions as both artists and scientists, as it documents the beautiful, practical, and eco-conscious works they create. Though some of their work can be found in various publications, this is the first documentary to bring the collective works of landscape architects to a larger audience.

Each woman is interviewed in her office and in gardens or parks she has designed. The film explores their personal aesthetics and approach to the discipline. Beyond the squares of lawn and concrete in suburban sprawl, a new landscape approach is being adopted which is elegant and beautiful, and most importantly, it is sustainable.

Director Carolann Stoney conceived of the idea while studying landscape architecture at California State Polytechnic University Pomona. She noticed the glaring lack of information on women in the field and became determined to rectify that. Her short film on the subject received the 2009 American Society of Landscape Architects Student Honors Award in Communication. That film became the basis for this longer work.


My Life With Plants
By Jim Bishop

As a way of introducing the incoming San Diego Horticultural Society president, here is the first in a series of articles that chronicle Jim Bishop’s experiences with plants and the effect they have had on his life.

The first plant I remember wasn’t beautiful, nothing that you would ever want to grow in your garden, or even alive. It was an invasive weed brought to the U.S. by accident in a shipment of Ukrainian flax seed to South Dakota in 1877, or so goes the story you often hear: I’m talking about the plant that is now emblematic of the high plains, the tumbleweed. It was 1958 and we were living in Monahans, Texas. Our family moved every two years or so because my father, a civil engineer, was working to build power plants to keep up with the rapid growth in electricity demand of post-World War II baby-boom America. My parents would have preferred to have lived in Midland (where oil company executives lived) or even Odessa (where oil roughnecks lived), but there was a housing shortage and we weren’t staying long, so they had to settle for a shotgun shack in less desirable Monahans. Years later a high school friend of mine, also from the area, described it as so barren that people often mistook the three trees in their front yard for a roadside park, and they would have to regularly chase away the picnickers. My mother used to say if it didn’t have a thorn on it, it wouldn’t grow in Monahans.

Anyway, back to tumbleweeds and my first plant memory. In the fall, when the winds would blow, dead tumbleweeds would break free of their roots and roll across the plains to spread their seeds. They would come to rest against anything that stopped them, such as a fence or the side of a house. So one of my first plant memories was watching my father setting the tumbleweeds free to continue rolling before they dropped seeds against the side of our house.

Fortunately, my parents (neither from Texas) knew there was more to be seen in the southwest than endless horizons, baseball-sized hail, tumbleweeds, and oil wells. They bought a Shasta camper and took us to see the sights over long weekends and our annual two-week vacation. The trip I remember most vividly was to Yosemite. We visited the Mariposa grove and, like everyone else, drove through the Wanona Tree, a giant Sequoia that a tunnel had been cut through the middle in 1881. Our trailer got stuck and dad had to deflate the tires get us through the tree. (Alas, the Wanona tree fell in 1969. For photos see: http://www.alamedainfo.com/redwood_tree_ca.htm)

My first two plant memories represent polar opposites in the world of horticulture. One plant became the emblem of how agriculture forever changed the high plains; the other became the emblem of the Sierra Club and America’s efforts to save natural landscapes for future generations.

Lucky for me, our stay in west Texas was short and my encounters with plants would improve dramatically over the years. I find myself today living in the horticultural wonderland that is coastal Southern California and look forward to serving as president of the San Diego Horticultural Society.

Next stops on My Life with Plants: Houston, Texas and Wichita, Kansas. It will get better than tumbleweeds.

Incoming president Jim Bishop is a Garden Designer and has been a member of San Diego Horticultural Society since its first meeting.
**Butterfly Metamorphosis In Olivenhain**

By D. Gail DeLalla

Monarch butterflies swirling around milkweed are a familiar sight, but watching a black, yellow and white banded larva transform itself into a pale green chrysalis and hang suspended perfectly camouflaged on a Miscanthus leaf drew us away from admiring mere stationary plants into the animated metamorphosis of the Lepidopteran order.

I first spotted the mature larva suspended vertically by its cremaster attached to the underside of a Miscanthus leaf approximately 4-1/2’ high. I watched transfixed as the green outer covering emerged from the head hanging upside down, and moved upward covering the black, yellow and white bands until the larva disappeared within. Then a black object resembling a squashed spider ejected from the larval posterior, perhaps the larval filaments, and fell to the ground. Delicate golden speckles decorated the perfectly camouflaged new chrysalis. It seemed an enticing meal to a feathered predator, but the unpalatable cardiac gylcosides accumulated by the larva from feeding on milkweed will repel most predators.

Thanks to Heather and Morri Callaghan’s perfectly timed July Coffee in the Garden invitation, some of us enjoyed this special bonus sighting of insect-plant interactions, and left inspired to include more Asclepias (milkweeds) in our gardens so we might marvel (and be prepared with camera and tripod) at such a transformation again.

[To see this amazing transformation visit http://lifecycle.onenessbecomesus.com/pupae.html, the source of the image shown here.]

---

**Master Gardeners Fall Garden Tour**

By Mary James

On Oct. 1, eight Master Gardeners will open their home gardens for visits as the Master Gardener Association San Diego County presents its first ever “Autumn in the Garden Tour & Marketplace.”

The self-guided tour from 10 a.m. to 4 p.m. is centered in the scenic Point Loma area, and will include a visit to the Silver Gate Elementary school garden mentored by Master Gardeners. The marketplace featuring handcrafted garden art, plants and food trucks will be at Dana Middle School, 1775 Chatsworth Blvd.

Advance tickets are $20. They can be purchased with a credit card online or by mail using a downloadable form at www.mastergardenerssandiego.org/gardentour.

Tickets purchased on tour day will be $25 and will be for sale at the marketplace.

“We chose this time of the year to highlight San Diego's ideal fall planting season,” said Master Gardener Mickey Santina, co-chair of the event. “In keeping with our mission, each tour stop will feature educational exhibits and highlight sustainable gardening practices.”

Eight open gardens are water-wise landscapes with diverse amenities ranging from outdoor kitchens to potagers and orchards. Two include grass-free front yards, while another showcases composting, rain water harvesting and gray water irrigation. Notable plants in each garden will be labeled and many of these plants will be for sale in the marketplace. The gardens can be previewed online at www.mastergardenerssandiego.org/gardentour:

Master Gardeners will be on hand at each tour stop to answer questions about the garden and other gardening questions. Educational exhibits in select gardens will cover topics ranging from butterfly gardening and citrus care to eco-friendly pest management and composting.

At the marketplace, Master Gardener hand-crafted garden art including birdhouses, butterfly water dishes, crystal garden totems and hypertufa pots will be for sale. Other vendors will be selling a variety of foods and beverages, plants, new gardening books, and other garden related items. The marketplace is open to tour goers and the general public.

Tour sponsors include San Diego Home Garden/Lifestyles magazine, Edible San Diego, Kellogg Garden Products, Coach America, Walter Andersen Nursery, Anderson’s La Costa Nursery, Native Sons, Briggs Tree Company and Greatsoil.

Proceeds from the tour benefit the Master Gardener Association San Diego County, a non-profit all-volunteer organization that has provided free home gardening advice here for almost three decades. The more than 200 active Master Gardeners are trained and supervised by the University of California Cooperative Extension.

For additional information on the tour or any other Master Gardener program, contact the MG Hortline at (858) 694-2860 Monday-Friday, 9 a.m. to 3 p.m. or visit the website at www.mastergardenerssandiego.org.
Happy 17th Birthday to Us!

By Susi Torre-Bueno

A very heartfelt thank you to the passionate founders who created our Society in 1994: Don & Dorothy Walker, Steve Brigham, Diana Goforth, Laurie Bussis, Bill & Linda Teague, Adele Snyder and Kathy Musial. Their vision set us on the path to having a friendly group that enjoys sharing information and the joy of gardening. Our members range from beginning gardeners to skilled professionals – what they have in common is a passion for plants. In the past 17 years we have grown to over 1300 members, making us one of the largest and most active garden groups in the United States. Some of the year’s highlights are below.

We’ve gained some fine new sponsors this year, and we thank all our sponsors (see page 10) for the financial support that enables us to accomplish as much as we do.

To do your share by becoming a more active participant see page 2 for volunteer opportunities – it’s a great way to use your talents and meet like-minded folks. I know firsthand that you get so much more out of a group if you are involved in it. About 200 members volunteered this year and we greatly appreciate their efforts during the Spring and Fall Home/Garden Shows, our garden tour, the San Diego County Fair, and many other activities. Our board members act behind the scenes to keep things running smoothly – their names are on page 2.

What have we done since last September? Our extremely popular Coffee-in-the-Garden gatherings included gardens all over the county and a Pomegranate & Persimmon Picking in Pauma Valley; thanks to our gracious hosts. In March, Ida Rigby and the Tour Committee organized our local garden tour of exceptional Vista and Fallbrook gardens. Our plant display at the Spring Home/Garden Show attracted lots of attention. Al Myrick led the judging for our awards for the Regional Science Fair, and also coordinated our three $1000 college scholarships. We held two sold-out workshops in April: Hypertufa Container Making (with Steve Gerischer) and Pebble Mosaics (with Marilyn Guidroz). Our award-winning display garden at the San Diego County Fair was huge success, and for the first time we partnered with the San Diego County Water Authority.

Our monthly meetings remain the heart of what we do and we are appreciative of our exceptional vendors and everyone who helps out. In May we started having a special table to make it easier to borrow videos of past meetings. The Program Committee does an outstanding job of recruiting exciting speakers. Topics this year ranged from Desert Plants for San Diego to The Dangers of Being a Honey Bee and Plant Tales of Early California. At our Special Evening in April the captivating Jeffrey Bale spoke about The Pleasure Garden and shared images from his world travels.

Continued on page 14
Welcome New Members!

We encourage our 1300+ members to be active participants and share in the fun; to volunteer see page 2. A warm hello to these new members:

**We welcome San Diego County Water Authority as our newest sponsor**

- Pat Brazell
- Lory Cleveland
- Barbara French-Lee
- Shadi Hajar
- Barbara Huntington
- Daniel Konschak

**New Advertisers**

**San Diego Begonia Society (inside front cover)**

**Worldview Travel**

(pag 16, digital edition only)

**Hort Bucks are GREAT!**

Kudos to these members whose friends joined in 2011; they earned Hort Bucks worth $5 towards Opportunity Drawing tickets, name-tags, Plant Forum CDs or dues. To get your Hort Bucks ask your friends to give your name when they join.

- Ann Beekley
- Joyce Berry
- Jim Bishop
- Alyson Breathed
- California Mycorrhiza
- Zephyr Carlyle
- Sharon Corrigan
- Pat Crow
- Cuyamaca College
- Chris Drayer
- Kathy Esty
- Margaret Grasela
- Devonna Hall
- Joan Herskowitz
- Eva Heuser

- Pat & Willey-Humphrey
- Barbara Komor
- Amelia Lima
- Cathy McCaw
- Susan & Frank Oddo
- Page Perkins
- Una Pierce
- Barbara Ruba
- Sue Ann Schick
- Jodie & Randy Schwartz
- Pam Skirgudas
- Sue Toenskloetter
- Sui Torre-Bueno
- Darlene Vil➤nava
- Pat White

- Stephen Lague
- Deborah Lockwood
- Kathleen McKee & Jeff Davidson
- Ruby Robertson & Heidi Jacques

**Sponsor Members**

(names in bold have ads)

- Agri Service, Inc.
- Anderson’s La Costa Nursery
- Aristocrat Landscape, Installation & Maintenance
- Barrels & Branches
- Botanical Partners
- Briggs Tree Company
- Buena Creek Gardens
- California Mycorrhiza
- Cedros Gardens
- Coastal Sage Gardening
- Columbia Landscape
- Courtyard Pottery
- Cuyamaca College
- www.EasyToGrowBubs.com
- EuroAmerican Propagators
- Evergreen Nursery
- Forget-Me-Not Landscape Design
- Glorious Gardens Landscape
- Grangetto’s Farm & Garden Supply
- Green Thumb Nursery
- Innovative Growing Solutions
- Kellogg Garden Products
- KRC Rock
- LandscapingNetwork.com
- Legoland California
- Living Green & Design Solutions
- Mariposa Landscape and Tree Service
- Mary’s Good Snails
- Moosa Creek Nursery
- Multiﬂora Enterprises
- Nature Designs Landscaping
- Pearson’s Gardens
- ProFlowers
- Renee’s Garden
- San Diego County Water Authority
- Solana Succulents
- Southwest Boulder & Stone
- St. Madeleine Sophie’s Center
- Sterling Tours
- Sunshine Care
- Sunshine Gardens
- www.TheMulch.com
- The Wishing Tree Company
- The Yard Fairy
- Tree of Life Nursery
- Walter Andersen Nursery
- Weidners’ Gardens
- Pat Welsh
- Westward Expos

**Discounts For Members**

Get a 15% discount at Briggs Tree Co. (see page 9; tell them to look up the “San Diego Hort Society Member” account).

For the Grangetto’s Preferred Savings Program go to www.Grangettos.com.

Get a 10% discount at San Diego Botanic Garden on Family/Dual or Individual memberships. Just state you are a current member of SDHS on your membership form. It cannot be done online, so mail it in or bring it to the Garden. Info: pisley@SDBGarden.org.

See these ads for more discounts: Barrels & Branches, Botanical Partners, Buena Creek Gardens, Cedros Gardens, Courtyard Pottery, IGS, Pacific Horticulture, Solana Succulents, Southwest Boulder & Stone and The Plant Man.

**Contributing Members**

- Philip Stickel & Janet Wanerka
- René van Rens
- Lois Kline
- Victoria Lazano* (2004)
- Bill Nelson* (2007)
- Tina & Andy Rathbone
- Jon Rebman* (2011)
- Peggy Rozich
- San Diego Home/Garden Lifestyle
- Sui & Jose Torre-Bueno
- Don Walker* (2005)
- Dorothy Walker
- Lucy Warren
- Evelyn & Weidner* (2001)
- Pat Welsh* (2003)
- Betty Wheeler

**What’s Up at San Diego Botanic Garden?**

The San Diego International Orchid Show and Sale is back! For the 17th consecutive year, San Diego Botanic Garden will be hosting this unique event featuring a wide variety of unusual orchids for show and sale. This event takes place on two days, October 1 and 2 from 10am until 4pm, with ample amounts of orchids to choose from each day. But if you are a member of the Garden (or would like to become one) you can shop early and see the exhibit on Friday, 3:30 - 5:30 pm.

There are several questions that arise when an orchid is purchased, but the most common by far is, “How do I take care of an orchid?” Though there are thousands of different species, we will focus on the most common, the Phalaenopsis hybrid orchid. You are most likely to find these in your local grocer or home improvement store, but some of the more unusual varieties, some fragrant, will be featured at the Orchid Sale.

We suggest following these three tips provided by Harry Phillips from Andy’s Orchids in Encinitas. First, it is important to repot your orchid soon after you purchase it. This particular orchid, “should be planted in 1/3 fine bark, 1/3 medium bark and 1/3 big prolife (#3) soil,” says Harry. Repotting your orchid will prolong its lifespan. In addition, Phillips mentioned, “warm temperatures and shade suit this particular orchid best.” Too much sun can be damaging so be aware of the plant’s surroundings. Lastly, you may want to know how often to water; Phillips recommends watering a “couple times a week.” However, take into consideration the humidity in your home.

The best way to check whether or not you’re keeping up with the demands of your orchid is, “to feel the texture of the leaves. If they are firm you are in the clear. However, if the leaves are soft you will need to water your orchid more often.” One more tip from the San Diego Botanic Garden: come prepared with questions for our “Orchids 101” lectures on culture and care.

In celebration of the 25th Anniversary of the City of Encinitas, we are offering FREE entry to the Orchid Show and Sale along with FREE admission to the Garden on Saturday, October 1. On Sunday, October 2 the event will be FREE with paid admission. Parking is FREE both days.”
Briggs Tree Company, Inc.:

- Over 200 acres in production
- Full-scale ornamental nursery - flats to 4" color, shrubs, vines and trees
- Unusual plant varieties and new introductions
- Commitment to quality and service
- In-house purchasing agent
- Delivery anywhere in the continental US
Let's Talk Plants! September 2011, No. 204

SAN DIEGO HORTICULTURAL SOCIETY

Real Dirt Continued from page 4

flowers. Ellen used old-fashioned plant varieties to create the feel of a “grandmother’s garden” like the ones that she had been exposed to earlier in her life.

Ellen never had the money or opportunity to study the great gardens of Europe, and thus her landscaping style reflected the American influences to which she was exposed. Her approach to garden design reflected the Colonial Revival style, balancing formality and informality with basic axial garden plans. She stressed the close integration of home and garden, with easy transitions from one area to the next. In her later years, she wrote, “a garden became for me the most essential part of a home.” This summed up her credo in garden design.

One of Ellen’s planting secrets was that she used no more than six to eight types of flowering plants in each design. This permitted each type, in its season, to dominate the garden. She also created naturalistic gardens with native stone and water features, in which she would incorporate sculptures such as a tiny frog sitting on a lily pad as a formal counterpoint. Native plants as well as non-natives were often used in Ellen’s large planting palette to make the gardens seem as natural as possible within their framework.

Of the more than 650 gardens that Ellen designed between 1914 and 1946, few examples exist today. Her designs were done mostly for private clients and included labor-intensive plantings and borders. However, Ellen is known for championing the “American” style of gardening at a time that other landscape professionals were looking to European models. She also helped to open the door for women into a male-dominated profession. She has been hailed as the Dean of American Women Landscape Architects.

Member Linda Bresler is a certified landscape designer living in Poway. She specializes in drought-tolerant, low maintenance designs that provide four-season beauty. 

Wild With Natives Continued from page 4

can be overenthusiastic and overpower other, more reticent plants. To counteract this, you can threaten them with a stick; cut them back; or yank them out and replace with a less-invasive variety. Some cultivars are much less pushy than others. To make sure you get the right kind for your situation, visit a knowledgeable native nursery such as Las Pilitas (www.laspilitas.com) or Tree of Life (www.californianativeplants.com). A wowser book called California Native Plants for the Garden by Bornstein, Fross and O’Brien is a tremendous help; the authors list the varieties according to height, tell you when to pinch them back, etc. – lots of valuable info.

Now as to the dreaded discussion about the botanical name of the plant. Guess what? Those rascally taxonomists have been at it again. They’ve taken the good old genus name of Zauschneria away and have replaced it with the name Epilobium. Personally, I think the new name is pretty boring compared to the zippy, zestful sound of: Zauschneria!!! In the nursery, you may find it labeled either way.

The hummers prefer the name Zauschneria too. You can tell by just listening to the wonderful zound of zose zooming, powerful wings: buzzzzzzzzzzzzzzzz.

Member Pat Pawlowski is a writer/lecturer/garden consultant who likes to chase butterflies (hummingbirds are too fast).
Let's Talk Plants! September 2011, No. 204

Two Worthwhile Workshops

Capturing Rain Water & Grey Water

Based on the regenerative principles of permaculture, Candace Vanderhoff, LEED AP, presents how rainwater harvesting and grey water reuse, bio-swales and earthworks create healthy and vibrant urban landscapes, while reducing potable water use. Visual models will demonstrate upcycling: reusing our two most unappreciated resources - water and discarded construction materials. This FREE workshop is offered on Sept. 22 from 5:30 - 7:30 pm in Kearny Mesa by the California Center for Sustainable Energy. Register ASAP at www.energycenter.org/forestry; for more info contact Robin Rivet (858) 634-4741 or robin.rivet@energycenter.org.

Native Grasses Landscaping Workshop

Landscaping that conserves water is fast becoming the number one focus of conservation programs. Water conservation is the future of urban landscape principles in “thirsty” California. Let the experts from the California Native Grasslands Association (CNGA) show you how to use native grasses, sedges, and rushes successfully in a variety of settings to create beautiful residential, commercial, and public landscapes. Besides saving water, native grasses can rebuild soil and prevent erosion, enhance wildlife habitat, and lower maintenance costs. The latest applications of native grasses for treatment, attenuation, and infiltration of storm water in bio-swales will be addressed. This workshop is appropriate for landscape architects and contractors, homeowners, engineers, planners, parks & recreation staff, biologists, regulatory staff, land & resource managers, and nursery practitioners. Cost is $140. One workshop to be held in Fallbrook at the FPUD building on September 29 from 8 am to 4 pm; the same workshop will be held the next day in Arcadia. Register and download a flyer at www.cnga.org/get_involved/workshops.

Happy Birthday Continued from page 9

Our newsletter continues to be a major member benefit, and we encourage all members to read it on-line, helping reduce costs and our carbon footprint. I want to thank this year’s regular contributors: Linda Bresler, Janine Free, Richard Frost, Joan Herskowitz, Linda Johnson, Neal King, Caroline McCullagh, Pat Pawlowski, Barbara Raub, Robin Rivet, Greg Rubin, Trudy Thompson, and Ava Torre-Bueno. Also, many members contributed to the Sharing Secrets column. Thanks to Rachel Cobb, our graphics editor, for always making the newsletter look so good.

So... what's in store for the coming year? September 25th we'll be hosting our Volunteer Appreciation Party. In October we'll have two succulent container workshops with engaging expert Debra Lee Baldwin. We're planning a spring garden tour in the La Mesa area, and a five-day garden tour in May to San Francisco. Most of our thought-provoking 2012 speakers have been selected, and talks will include such topics as tree selection and care, “Small is the New Big,” edible front gardens, and plant exploration. We'll continue to add valuable information to our website (www.SanDiegoHorticulturalSociety.org); we have Sally Sandler to thank for continuously adding useful plant lists, etc.

How much we can accomplish really depends on you, so volunteer now, get involved and make friends with some truly dedicated gardeners.
This column is written by you, our members! Each month we’ll ask a question, and print your responses the following month. You can find copies of previous Sharing Secrets on our website at www.sdhortsoc.org/sneakpeek_3.htm.

The question for this month was:
What veggies have done the best for you this summer, and what veggies do you plan to plant this fall?

To share your extra veggies go to www.AmpleHarvest.org and type in your zip code to find a food bank near you that takes home-grown produce. This non-profit group, “is a national effort utilizing the Internet that enables 40+ million Americans who grow food in home gardens to easily donate their excess harvest to registered local food pantries spread across all 50 states. Gardeners, farmers and other donors can share their fresh produce and, garden-by-garden, help diminish hunger in America.”

Vivian Blackstone had a good harvest this summer: “I started very early, like in March, with 8 healthy plants from Lowe's of cherry tomatoes, planted them in 15 gallons containers, so if I needed to I could move them – most problems are with rabbits or rats. It turned out spectacular: all 8 made it and I've been overflowing with cherry tomatoes for 2 months now and it will continue in August. This fall I will pick Jerusalem artichokes and replant them for next year, one of my favorite veggies.”

David Clarke replied that he had, “great red and yellow peppers this year and the corn wasn’t too bad. Eggplants were also fairly productive. For fall I am looking forward to putting in broccoli, chard, carrots, potatoes, and probably short day onions. My garden is an herbicide- and insecticide-free zone and I had a good turnout of beneficials. Sadly, not too many garden spiders this past year… bit of a mystery!”

Linda Chisari said, “Our tomatoes have done exceedingly well this summer. I think I’ve finally figured out (after 35 years!) which varieties do the best in our coastal climate. Galia and Ambrosia melons have also ripened beautifully over the last few weeks, as have our pumpkins. We have many hundreds of Beverly Hills’ apples on our dwarf tree that is, at 35, still only 4’ deep but almost 20’ wide. In late September I’ll plant broccoli, fennel, carrots, beets, and many salad greens. Arugula and mache have naturalized and will be up when the time is right. I plant short day onions in early November.”

Susan D’Vincent shared the following: “My favorite summer vegetable is the green bean Spanish Musica. It’s the most delicious bean I’ve ever eaten and has very productive 6’ to 8’ vines. Unfortunately, in my yard it’s prone to get some fungal problem that dries up the leaves from the outside in. (Spraying diluted earthworm effluent on it has helped.) I planted very few veggies this summer for one reason or another but I had several volunteers from last year: a Lebanese Clarinette squash, Chilaca peppers, and red and yellow cherry tomatoes. Beets and carrots volunteered last winter and are still in the ground to eat now. Broccoli and lettuce are my must-have vegetables for fall. If they don’t volunteer I’ll have to plant them. I will be planting Renee’s Garden Oriental Giant spinach, which I love because it has huge leaves, grows fast and is delicious. [www.ReneesGarden.com has great seeds, recipes, more!] I like New Kuroda carrot, which is fat, sweet and easy to grow. I’ll probably plant them from seeds that have come from the carrots which bloomed this summer.”
Kathy Gatlin had some good crops: “Everyone who cooks should try chives. One plant has been in the ground two years and has been good for clipping year round. Its nice mild onion taste is a fresh addition to many recipes and looks great minced on top of deviled eggs. My favorite cherry tomato for two years running (not the same plant!) is Sungold. Its bright orange color is a nice contrast in any salad if they make it into the house. They are as sweet as any fruit and I have been known to just stand there and eat them right off the plant! We’re also enjoying Black Pearl Hybrid cherry tomato from Burpee. It is full of tomatoes right now and they are not “purple” as noted on the tag, but more like a greenish orange with a nice full tomato taste. I never plant fall veggies as we are spoiled by our membership in a CSA (Community Supported Agriculture). Twelve to fifteen different veggies (and fruits) arrive every other week. That seems to be enough to keep two people busy cooking and eating until the next delivery!”

Bobbi Hirschkoff told us she has: “tomatoes, artichoke and butternut squash planted from seeds harvested from grocery store squash. These seeds germinated and were up 3 days after planting!!! I’m putting artichokes everywhere…. veggie garden, flowerbeds and fruit tree orchard. I love the way they look and they taste even better!”

Suzie Ince had one good yield so far: “This summer purslane was by far my best crop. Yummy in salads. Corn and tomatoes are apparently in no hurry this summer; I plan to plant garlic, onion, celery, carrots, beets, fennel, kohlrabi, peas, endive, and I’ll probably squeeze in a few more.”

Sue Marchetti did very well this summer with: “Asian eggplant! Planting this fall: Chard (Bright Lights or similar)”

Una Marie Pierce is “having an amazing crop of tomatoes. I need to pick the small ones usually twice a day and keep my eye on the large ones, too. I’m giving the small ones away by the basketful and freezing most of the larger excess. I’m still getting kale from the winter plants. This fall I plan to let everything die out for the first time in several years and redo the irrigation, which is quite old, and probably not the best system. Then I’ll plant broccoli and beans and peas as appropriate.”

Meg Ryan said: “I love growing the Rainbow Swiss Chard. It makes it through our intense summer heat, so I can harvest from the same plants for two years (before they get a little scraggly looking). Plus, the different stem colors make it quite interesting, visually. I grow it in my front yard!”

Laura Starr sent in this report: “My heirloom tomato plants have not done well, but the hybrids have. Specifically, a new tomato called “Health Kick” has done extremely well. Crookneck squash is abundant. “Blue Lake” beans did very poorly. Herbs: dill, fennel, thyme, parsley - all great. “Sequoia” strawberry - a few fruits but fabulous. “Sultan” cucumber - vigorous grower and producer. In the fall, I’ll do French Breakfast Radishes, carrots and arugula as well as chard and some lettuces.”

Barbara Strona had modest success: “I get one or two not yummy tomatoes a year, so I decided it’s cheaper to buy fancy farmers market tomatoes instead. I do get nice tarragon and dill but not a whole lot. My gardens don’t get adequate sunlight or care.”

Mary Jane Tanquary wrote that: “we are growing lots of different heirloom tomatoes; green, purple, red, Anaheim & jalepeno peppers; French and scallion onions; eggplant; zucchini; watermelon; cantaloupe; several kinds of pumpkins and tomatillos.”

Continued on page 16
Patti Vickery said, “My basil has been growing wild. We can’t eat enough pesto! Also, my tomato plants that are in the self-watering container my spouse built from a design on the internet. This fall I will plant snap peas and lettuce.”

Pat Welsh (who writes extensively about veggies in her newest book, Pat Welsh’s Southern California Organic Gardening) told us: “My most successful summer vegetable this year is an heirloom Carbon tomato plant that arrived at my house in a one gallon can; a gift from a young man from Russia who lives in Del Mar; grew too many tomato plants from seeds and offered some to our garden club. This is the most disease-resistant heirloom I have ever raised. The stalk is thick, woody, and sturdy with no rot. It bears double flowers followed by large, slightly deformed fruits of very dark color and good meaty quality like a beefsteak. They do not rot like many other heirlooms and do not get soft in the middle but are good all the way through. The fruit needs a little salt to bring out its delicate flavor. I planted this huge indeterminate vine in a large raised bed in late February and it basically took over the whole thing and this one plant crowded out the others and has born more than enough tomatoes for me to eat and give away for the last four months and is still going strong. It only bears two or three fruits in a cluster, and not a huge number of clusters but the vine is so enormous the yield is good. Due to early planting and a warm spot, I got my first fruit in late May. Anaheim peppers have been good also and are good for chili relleno.

In September I will plant a fresh edging of parsley and cole crops, especially broccoli and cauliflower, which taste so good when home-grown. Fava beans are very productive also. (After the first flowers show, pinch off the tips of the plant and steam as veggie or stir-fry. Pinching the growing tips off makes the beans begin bearing in about a week.) It’s fun to grow one or two potatoes, a red one and a white one, if space permits, for a supply of new potatoes as soon as flowers show. I don’t have a great deal of space, but may plant sweet onions (Granex) from seeds during the first 10 days of November and also garlic. Onions have to be transplanted in January at right spacing. They must not be crowded.”

Tynan Wyatt said: “My best veggies this year were by far Moon and Stars watermelon and Mammoth sunflowers. This watermelon variety came up strong and grew quickly, producing several very large melons that are almost ready for harvest, while the sunflowers survived grasshopper assaults and wicked temperatures to become a garden landmark that can be seen from the nearby main road. A pleasant surprise was the great flavor of Physalis peruviana, the groundcherry. I had my doubts about the reported sweetness of this tomato relative, but lo and behold it was as delightful as promised and I will definitely be planting this again and trying its close relatives.”

The question for next month is:

You can’t pick your neighbors, but often you can congenially work through garden issues with them. What solutions have been effective for you with neighbors who don’t mow their lawn, have broken fences, let noxious weeds grow, etc?

Send your reply by October 5 to newsletter@sdhortsoc.org.
August Plant Display

By Pat Pawlowski and Susi Torre-Bueno

What is the Plant Display?

Each month members bring in plants, cuttings or flowers and put them on our display tables. What a great way to see what plants grow well in our area. All plants are welcome -- EVERYONE is invited to participate. We encourage you to write descriptions similar to those below, and put them with the plant on the Plant Display tables.

**Antigonon leptopus** CORAL VINE, ROSA DE MONTANA
(Polypodiaceae) Mexico

This summer-blooming Mexican vine grows rapidly and can reach 20-40 feet. Deciduous in the winter, the heart-shaped great leaves can be up to 4” long. The clusters of bright pink flowers are stunning. Site it carefully in your garden, as it can be invasive (a large pot might be the best solution). The website for the University of Florida warns: “Not only is coral vine a prolific seed producer, but the seeds will float on water, dispersing the plant to new locations. Fruits and seeds are eaten and spread by wildlife such as birds, raccoons, and pigs. Underground tubers produced by coral vine will resprout if the plant is cut back or damaged by frost. Antigonon leptopus is a smothering vine that invades disturbed areas and forest edges, quickly covering nearby plants and structures.” (Walt Meier, Carlsbad, 8/11) -- S.T-B.

**Echeveria elegans** MEXICAN SNOWBALL
(Crassulaceae) Mexico

This evergreen succulent forms dense mounds to 8” tall and 12” wide of gray-green leaves in tight rosettes. It is drought-tolerant in sun or light shade, but does best with some summer water. Plant it in well-drained soil. Pink flowers appear in spring to summer. (Cathy Tylka, Escondido, 8/11) -- S.T-B.

**Prunus ilicifolia** HOLLYLEAF CHERRY
(Rosaceae) California

This evergreen San Diego County native shrub (or small tree) can slowly reach 20’ tall, although it is usually lower. It is drought-tolerant and easy to grow in well-drained soils in full sun to part shade. White flowers appear in spring. Birds love the edible red berries (which are mostly skin and seed). The plant was utilized by native peoples. (Pat Pawlowski, El Cajon, 8/11) -- PP.

In addition to the plants described above, those below were also displayed.

What’s that in front of the plant name? Plants marked 3 are fully described in the *Plant Forum Compilation*. See [www.SDHortSoc.org](http://www.SDHortSoc.org) for details on how to order this valuable reference tool.

Can you spot the phony plant this month? The phony plant in the August newsletter was *Lachromia kateandharrium* ‘Royal Wedding’.

**Anisacanthus quadrifidus** ‘Mexican Flame’
MEXICAN HONEYSUCKLE (Susi Torre-Bueno, Vista, 8/11)

**Callistemon sp.** or cv. PINK BOTTLEBRUSH
(Shelia Busch, Escondido, 8/11)

---

Continued on page 18
3 Crocosmia ‘Little Redhead’ LITTLE READHEAD MONTBRETIA (Susi Torre-Bueno, Vista, 8/11)
Gymnadenia Alcor (Charley Fouquette, El Cajon, 8/11)
Crassula falcata PROPELLER PLANT (Sue Fouquette, El Cajon, 8/11)
3 Cyrtanthus cvor hybrid (Susi Torre-Bueno, Vista, 8/11)
3 Epilobium canum ‘Silver Select’ SILVER SELECT CALIFORNIA FUCHSIA (Susi Torre-Bueno, Vista, 8/11)
Juniperus chinensis ‘Shimpaku’ bonsai form (grafted on Juniperus californica) (Phil Tacktill, Solana Beach, 8/11)
×Laeliocattleya Interceps Aquini Coerula (Linda Espino, San Diego, 8/11)
Lemmaphyllum microbrewery JAPANESE SAKI FERN (Bonsai Master, Solana Beach, 8/11)
Lemmaphyllum microphyllum JAPANESE BEAN FERN (Phil Tacktill, Solana Beach, 8/11)
3 Metrosideros kermadecensis ‘Variegata’ VARIEGATED NEW ZEALAND CHRISTMAS TREE (Susi Torre-Bueno, Vista, 8/11)
3 Tibouchina grandifolia LARGE-LEAVED PRINCESS FLOWER (Susi Torre-Bueno, Vista, 8/11)
3 Urginia maritima SEA ONION (Suzie Ince, Solana Beach, 8/11)

How to Read the Plant Display Entries


NOW AVAILABLE!

Learn the San Diego Floral Association history by reading articles written by the founding members and authors who came after them. 256 pages. See pictures of members, flower shows, early magazine covers and other activities.

Enjoy the long history of our magazine. Available at S DFA office.

$30. including tax

GREAT GIFT IDEA!
I am sure that most of our members are familiar with at least some sustainable landscaping techniques and principles, but there is so much more to be learned on this crucial topic. In an extremely well-designed presentation, August speaker Lynlee Austell-Slayter gave an excellent overview of some of these techniques and showed in detail how she has put them to work here in San Diego in three different garden settings. We saw low-water plants being given too much water; shrubs pruned mercilessly to their detriment; and other examples of poor maintenance that were destroying the landscapes they were supposed to be preserving.

One garden was planted, “with appropriate Mediterranean climate plants and drought tolerant species, and limited turf that is not planted on a slope,” but was, in fact, ugly, and also not sustainable. The plants suffered from over-pruning to such an extent that they were never allowed to flower and had ungainly blocky shapes, their roots were exposed due to excess erosion from over-watering, and the soil was badly compacted due to the nearly-weekly stomping by the heavy-soled boots of the pruning crew. The “geometric torture” of the pruning was made worse because some shrubs were pruned at odd angles to allow clearance for the overhead sprinklers, which were putting out several times more water than needed. All this mess of a landscape was accomplished with a weekly crew of three people, with a truck, various air- and noise-polluting power tools, and a weekly trip to the landfill. What a waste! No wonder the homeowner was thrilled with the changes that Lynlee proposed.

It was fascinating to see the improvements to the landscape described above, plus two others, that Lynlee was able to make by appropriate maintenance – and to know that those aesthetic improvements also resulted in significantly lower water bills and less yard waste going to our landfills. Lynlee has graciously shared with us the information below (which your editor has simplified and annotated) so that we can make similar changes in our own gardens; more information, including an irrigation scheduling worksheet and a formula for calculating a water budget, is on our website.

### 8 Best Practices of Sustainable Landscape Maintenance

1. Landscape to your local climate.
2. Landscape for less to the landfill.
3. Nurture the soil.
4. Conserve water.
5. Conserve energy.
6. Protect water and air quality.
7. Create and protect wildlife habitat.
8. Grow food

### Changes to Make at Little to No Expense

1. Optimize automatic irrigation: can reduce landscape water by 30%. Inspect and adjust sprinkler nozzles eliminate leaks, over-spray, runoff, blocked spray patterns. Set controllers to water 11 PM to 7 AM for minimum evaporation, maximum percolation with dew. Adjust schedule with each water bill.
2. Discontinue hedge trimming. Prune selectively and properly.
3. Retain yard clippings as mulch for many benefits, including reduction of water evaporation and weed control.
4. Practice responsible pest control: Integrated Pest Management (IPM). Focus on long-term goals vs. short-term satisfaction. Ask yourself these questions:
   - What is it and is it really “bugging” me?
   - When did it show up and how many are there?

Sometimes the best decision is to keep your existing plants and improve the way you care for them.

### Changes to Make at Moderate Expense

1. Remove “orphan turf” and “stupid strips”
2. Collect & channel rain water on site
3. Convert old pop-up sprayers to high efficiency nozzles

### Full Conversion Renovation/Conversion to Sustainable Practices

1. Replace turf with sustainable ornamentals and food plantings
2. Convert irrigation to low flow/volume (90% efficiency) or to high efficiency nozzles.
3. Retain all waste on site Compost, worm bins

### Instructions for garden helpers:

- Become partners in change
- New methods add value for all customers
- Lace shrubs and trees by hand
- Increase time monitoring and repairing irrigation system.
- Bring mulch & compost – don’t take away.
- Distribute clippings as mulch
- Use soil core probe and give reports.
- Aerate turf more often.

Thanks a bunch, Lynlee, for sharing all this info – it never hurts to remind people about the importance of embracing sustainability in as many ways as possible. See page 16 for the names of those who generously donated to our Opportunity Drawing and Door Prize.

For lots more info on sustainable landscaping (courtesy of Lynlee Austell-Slayter) visit the NEW page for Sustainable Gardening on our website [http://www.sdhortsoc.org](http://www.sdhortsoc.org)
What is the Plant Display?

Each month members bring in plants, cuttings or flowers and put them on our display tables. What a great way to see what plants grow well in our area. All plants are welcome — EVERYONE is invited to participate. Join the fun and bring something from your garden for the September 12th meeting.
July Coffee in the Garden

These enchanting plant combinations are from Heather and Maury Callaghan's garden in Olivenhain, which was designed by Scott Spencer.

Succulent Container Workshop with expert Debra Lee Baldwin
At Oasis Water Efficient Gardens (Escondido)
Two dates available:
Saturday, Oct. 15
Sunday, Oct. 16
9:30 to 11:30 a.m.
$35/person
SDHS members only

Using plants, pots, soil and other materials, award-winning garden photojournalist, artist and author Debra Lee Baldwin will demonstrate how to design and plant a creative succulent container garden. She then will help attendees select plants and compose their own arrangements. Bring your own container and plants, or purchase plants at the nursery (at a discount). This hands-on workshop has only 20 people per class. Debra will also sign books and sell books and CDs; visit www.DebraLeeBaldwin.com.

Full details and registration info will be e-mailed to members very soon!

SDHS SPONSOR

www.granettos.com

Quality Products • Expert Advice • Friendly Service
Organic Products and Water Saving Devices!

- Plant Food & Nutrients
- Amendments & Mulch
- Seed & Sod
- Veggie & Flower Packs
- Garden Tools
- Water Storage
- Irrigation Supplies
- Pest & Disease Control
- Rodent Control
- Bird Food & Feeders
- Vineyard Supplies

$5 OFF ANY PURCHASE OF $25 OR MORE
VALID Sept 1 – Oct 15, 2011
SKU: SDHS5

Let Us Help You Take Your Next Garden Project From Start to Finish!
San Diego Internation Orchid Fair

Sponsored by and held at San Diego Botanic Garden

17th Annual Orchid Show & Orchid Sale

October 1 – 2, 2011

Celebrate 25 years of Encinitas with Free Admission to the Garden Saturday, October 1!

Wide Variety of Rare and Unusual Orchids
Lectures on Culture and Care
AOS and Ribbon Judging

For special discounts and times visit
www.SDBGarden.org
or call 760/436-3036 x206.
South Bay Green Scene 2011

Saturday, August 27th
9:00 am to 3:00 pm
South Bay Botanic Garden @ Southwestern College
Free Admission! – Free Parking!
Visit our Facebook page at www.facebook.com/SouthBayBotanicGarden

Garden Talks!
9:30—Native Plants for the Garden
11:00—Composting in Chula Vista
12:30—Floral Design

For Booth Rental or Other Information, call 619-752-5922
Email: GreenSceneatSBBG@yahoo.com
Facebook us at: www.facebook.com/southbaybotanicgarden
Hello to all and welcome to our September 2011 garden tips update.

What's new -
- Fun ornamental Peppers in all of the colors (2", 4" & 6") – great for an early Fall touch.
- Cyclamen – first arrivals for the coming "cooler" season. We have them in 2", 4" & 6" in all colors.
- Also late summer means Acalypha hispida ‘Chenille Plant’ has arrived. Chenille plant is an upright shrub that can get 6-10 ft high with a spread of 3-5 ft. Potted plants are kept considerably smaller. The evergreen leaves are oval and pointed on the tips. Flowers are purple, bright red or crimson, and clustered in velvety catkins, 8-20 in long and an inch in diameter. They are dense and fluffy, like a cat’s tail, and they appear intermittently throughout the whole year.

Lots of flowering vines are available at this time of the year, my favorite is
- Cool season Tomatoes are in plentiful supply. Cool days and nights slow tomato plant growth. Fruit will not set or ripen if nights dip below 55 degrees. Cool-season tomatoes grow and produce fruit despite these conditions. Some good varieties are Legend, Taxi, Siberia and Glacier.
- Late summer and fall favorites also arriving in the Greenhouse – check out the Crossandra - glossy green leaves and vibrant orange flower spikes. We should be able to see some early Cymbidiums this month too. Also big (4-5 ft. tall) Breynia ‘Hawaiian Snowbush’. Super color for inside or out.

A September thought for your gardens:
Unwritten rules of gardening ...

The best way to garden is to put on a wide brimmed straw hat and some old clothes. And with a hoe in one hand and a cold drink in the other, tell your husband where to dig.

Continued on other side

We’re on Facebook! “Like” us for info and news as it happens. You’ll find us under Andersons La Costa Nursery.

---

**The Water Conservation Garden**
Details/registration at (619) 660-0614 or www.thegarden.org

**Sept. 4, noon, Ask The Horticulturist Tour**: Enjoy an informative walk through the Garden. Free.

**Sept. 18, 9:30am, Special Access Tour**: Special tour is offered monthly for people who have difficulty navigating the terrain of the Garden. Explore from the comfort of a shuttle. Free; reservations required call (619) 660-6841.

**Sept. 20, 6-8pm, Laundry To Landscape**: How to use grey water to irrigate your landscape. Members: $20 Non-Members: $30. Please register early.

**Sept. 24, 10am-12pm, Designing A Beautiful Small Space Garden**: Learn how to create a sparking jewel of a landscape for your condominium, cottage, side yard, or smaller front or backyard. Members: $20 Non-Members: $30. Please register early.

**Saturdays, 10:30am, Garden Tour**: Docent led tour of the Water Conservation Garden. Meet at the main gate at the Garden entrance. No reservations required.

---

**San Diego Botanic Garden**
See page 10 for more upcoming events
Details & registration at www.sdbgarden.org or (760) 436-3036

**Sept. 10, 5-10pm, Gala in the Garden**: join us for an elegant evening honoring celebrated artist, environmentalist & humanitarian James Hubbell. Enjoy food, drinks, art, floral designs, live music & more. $200/person.

---

---

**Alta Vista Gardens**
See www.AltaVistaGardens.org for upcoming events.

---

**Walter Andersen Nursery FREE Saturday Classes:**

- **Sept. 3, 9-11am, Backyard Orchard Culture**
- **Sept. 10, 10am, General Pest Control**
- **Sept. 17, 9am, Growing Fall Veggies**
- **Sept. 24, 10am, Introduction to Organic Gardening**

Details at www.walterandersen.com; addresses in ad on page 15

---

**Evergreen Nursery FREE Seminars**

- **Sept. 3, 10am – Landscaping with Succulents & Natives**
- **Sept. 10, 5pm - Planter Designs & Styles**
- **Sept. 17, 10am, General Orchard Care**

Details at www.evergreenery.com/seminar-schedule-2011

---

**Cedros Gardens, Saturday 10am classes:**

Details at www.cedrosgardens.com; address in ad on page 17.

---

**Grangetto’s Farm & Garden Supply FREE Workshop**

- **Sept. 10, 10-noon, Growing Fall Vegetables, Valley center store**
- **Sept. 24, 10-noon, Growing Fall Vegetables, Fallbrook store**

Details at www.grangettos.com; see ad on page 21.

---

**Sept. 2, 9am Vista Garden Club Garden Tours**: Two gardens. Carpool from Senior Center, 1400 Vale Terrace, Vista. See www.vistagardenclub.org.

- **Sept. 3, 12:30pm, Carlsbad Garden Club; Australian plants. Carlsbad City Library, 1775 Dove Lane, Carlsbad. See www.carlsbagardenclub.com.**

- **Sept. 3-4, 10am-4pm, Plumeria Society Hawaiian Plumeria Festival**: 216 different varieties of plumeria for sale. 100s of spectacular plumeria flower entries. Cash & checks only! Balboa Park - Casa del Prado. See www.plumeriasfestival.com.

- **Sept. 6 or 13, 5-7:30pm, Solana Center Free Class**: How to Start and Sustain a School Garden Program. 137 N. El Camino Real, Encinitas. To register call (760) 436-7986x225 or www.solanacenter.org.

- **Sept. 10, 17, 24 & October 1 (4 day class), 1-4pm, Solana Center Free Class**: How to Grow Your Own Food. 137 N. El Camino Real, Encinitas. To register: (760) 436-7986x225 or www.solanacenter.org.

- **Sept. 10 & 11, 10am-4pm, Fullerton Arboretum Salvia Spectacular Sale**: More than 125 varieties of Salvia on sale. 1900 Associated Road, Fullerton. See www.fullertonarboretum.org or call (657) 278-8348.

- **Sept. 11 & 18, 10am-4pm, Iris Society Annual Iris Rhizome Sale**: A large variety of iris rhizomes will be available for sale. Members will be on hand to answer questions about growing irises. Balboa Park - Casa del Prado. See www.sandiegoirissociety.org.

---

**Sept. 12, 6:00pm**

**Backyard Orchard Culture**

See page 1
Garden TV and Radio Shows

GardenLife Radio Show (national). Saturday from 8-9am and Sunday from 8-10am. KCEO 1000AM radio, hosts Bruce and Sharon Asakawa, John Bagnasco. Call-in questions: 666-406-TALK. If your local station does not carry GardenLife, hear it streaming live on lifestyletalkradio.com. GardenLife shows are also archived or podcasted.

Garden Compass Radio Show (local). Saturday from 9-10am. XEPE 1700AM radio, hosts Bruce and Sharon Asakawa, John Bagnasco. Call-in questions: (619) 570-1360 or (800) 660-4769.

Garden Tips for September

September is our transition into Fall here in Southern California and the start of the best planting season of the year. Start cleaning out faded flowers and vegetables but save the hardier spring plants as long as they last.

Remember - The basis for every good garden is the soil; if you take care of the soil you won’t have to worry about the plants. Autumn is the time to plant the cool-season annuals, perennials and vegetables all of which will thrive in our lovely San Diego-area autumn weather.

New Plantings:

- **Sweet Peas.** For sweet peas by December plant seeds now. Look for varieties designated “early flowering.” Summer-flowering types won’t bloom.

- **Peach.** Choose a good variety. There are three basic types of peaches: snow peaches, snap peas and English peaches. The first two have edible pods - English peas have to be shelled. Peaches need a trellis for vines to climb.

- **Cool-season Vegetables.** Plant cool-season vegetables such as broccoli, brussel sprouts, cabbage, cauliflower, celery, kale, kohlrabi, mustard, lettuce and other greens.

- **Cool-season Flowers.** Cool-season flowers including calendula, cineria, dianthus, delphiniums, Iceland poppies, nemesia, pansies, snapdragon, stock, wildflowers, violas and violets.

Garden Maintenance:

- **Cut back flowered ornamental grasses to 1.5” (that’s not a typo – 1 1/2 INCHES) tall** by November (or sooner).

- **Hydrangeas (macrophyllas)** – cut back by end of this month and if you want to turn pink flowers to blue start with Hydrangea Blue regime.

- **Camellias.** Keep camellias well watered this month. Letting them go dry will cause the buds to drop off depriving you of their beautiful blooms. Some varieties of camellias form a great many more buds than they can support and so will naturally drop buds. The naturally-dropped bud will be green whereas a water-stressed plant will drop brown buds.

- **Citrus.** Make sure citrus trees are adequately and evenly watered during this month. If the roots go dry the roots can’t split fruits.

- **Cyrtidium.** This native plant, cymbidiums to a lower nitrogen, higher phosphorous and potassium fertilizer to encourage development of bloom spikes.

- **Irrises.** Clean up the iris beds now. Cut off damaged leaves, remove debris and mulch beds. Irises will not bloom if over-crowded and need to divided about every three years, if your irises need dividing - do it now.

- **In California there are two major planting seasons—spring and fall. Spring gets plenty of attention but one of the best-kept secrets is the beauty of fall planting. Although trees and shrubs are not actively growing above the ground they are very busy sending out strong roots and generating energy which they will use for the spring.**

- **Roses should be encouraged to continue blooming by feeding them becomes the number one item if you want to turn pink flowers to blue start with Hydrangea Blue regime.**

Garden Resources & Outgoing Events

- **ALTA VISTA BOTANIC GARDEN:** Open Monday-Friday 7:00-5:00; 10:00-5:00 on weekends, 1720 Via Serreno Drive, Vista. Info: www.avgardens.org or (760) 945-3954.

- **SD HORTICULTURAL SOCIETY:** 18605 Anza St., Suite D, San Diego. Info: www.sdhort.org or call (619) 284-6358.

- **SAN DIEGO BOTANICAL GARDENS:** Open daily 9-5 (closed Thanksgiving, Christmas, New Year’s Day), 300 Quail Gardens Dr., Encinitas. Fee: $12/adult, $10/teen; parking $2. Free to members and on the first Tuesday of every month. (760) 436-3036; www.SDBGarden.org.

- **WATER CONSERVATION GARDEN:** Open 9-4 daily, free. Docent-led tours every Saturday at 10am. 12122 Cuyamaca College Drive West, El Cajon. (619) 660-0614 or www.thegarden.org.


MADE R GARDENER HOTLINE: Gardening questions answered by trained volunteers Mon-Fri, 9-3, (619) 694-2860; www.marthagardenerssandiego.org.


DESSERT WILDFLOWER HOTLINE: Anza-Borrego Desert State Park: (760) 767-6484 for information, events, road conditions, etc. call (760) 767-5311 or visit http://www.sdeserta.com/wildlifeplant.html.

WILDFLOWER Hotline: March to May call the Theodore Payne Foundation hotline: (818) 768-3533 for info. on blooms in So. California and elsewhere; visit http://www.theodorepayne.org.

- **BOALBA PARK: Offshoot Tours** Free 1hr walking tour in Balboa Park every Sat., 10am. Meet at Visitors Center; canceled if rain or less than 4 people. (619) 235-3036; www.balboapark.org.


- **Canyonero Walks:** Guided walks every Saturday and Sunday, 2pm. (858) 232-2821; x201 or www.sdnhm.org.

- **Park Ranger Tours** (local): Free guided tours of architecture/horticulture, Tuesdays & Sundays, 1pm, from Visitors Center; (619) 235-1122.

- **S.D. Natural History Museum:** Exhibits, classes, lectures, etc. (619) 232-3824; www.sdnhm.org.

- **S.D. Zoo:** Garden day 3rd Friday of every month from 10am. Pick up schedule at entry. (619) 231-1153, ext 4306; www.sandiegozoo.org.

- **GardenTV:** Saturday from 9-10am. XEPE 1700AM radio, hosts Bruce and Sharon Asakawa, John Bagnasco. Call-in questions: (619) 570-1360 or (800) 660-4769.